

UNDERSTANDING CHILDHOOD BEHAVIORS



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THIS

OR

THAT



Why does it matter...

- **Effectiveness of early intervention**
- **Impact of incorrect medications on Development**
- **Reduction in “labeling”**
- **Increase self esteem**
- **Limits family stress**



Things that impact diagnosis...

- **Limited pediatric experience among doctors**
- **Difficulty communicating symptoms for young children**
- **Overreliance on standardized tests and assessments**
- **Misinformation from other professionals**
- **Bias/Cultural differences**



This or That?

Symptoms:

- **Doesn't pay attention**
- **Defiant**
- **Hyperactive**



It Could Be...

Learning Disorder

Lack of Sleep

Hearing Issues

Vision Problems

Medication

Sensory Processing Disorder



ADHD

PTSD

OCD

Seizures

Pain

This or That?

Symptoms:

- **Plays with the same thing over and over**
- **Talks in a loop**
- **Won't share**
- **Doesn't like to be touched**



It Could Be...

PTSD

OCD

Anxiety

Abuse/Neglect

Multiple Siblings

Sensory Processing Disorder



This or That?

Symptoms:

- **Doesn't talk as much**
- **Limited eye contact**
- **Shut down**
- **Unemotional**



It Could Be...

Autism

Selective Mutism

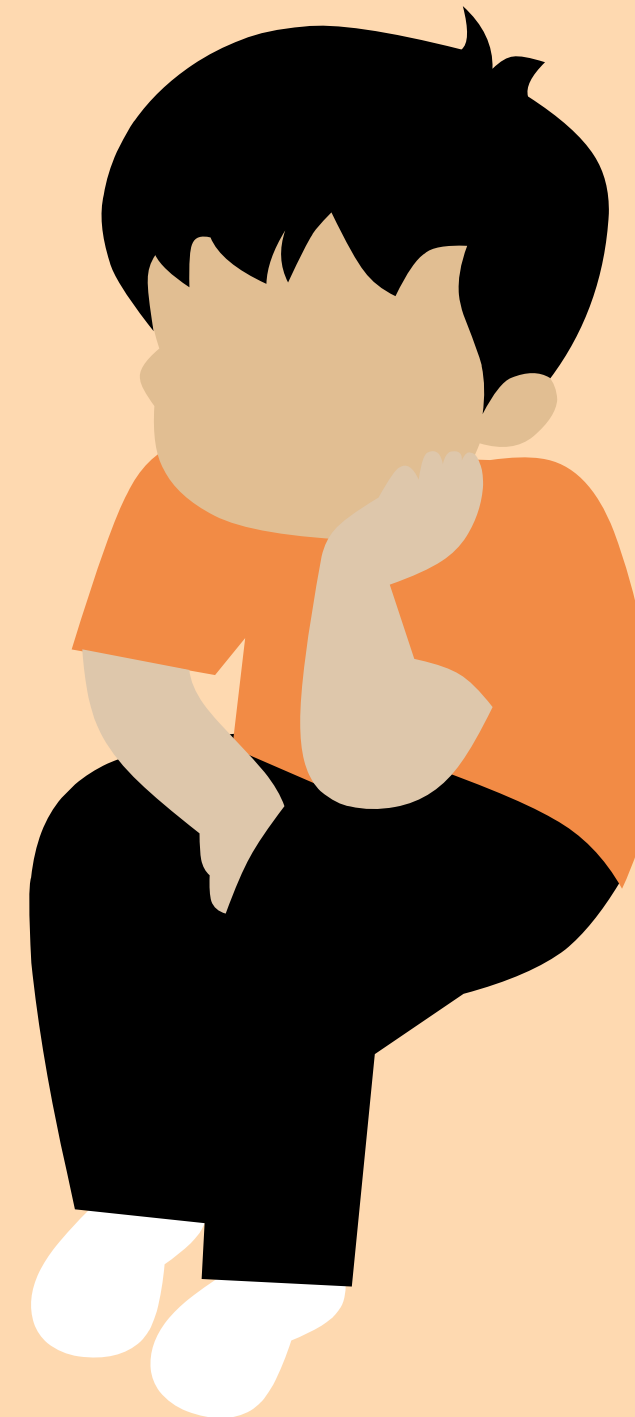
Trauma

Depression

Speech Disorder

Vision Problems

Intellectual Disability



This or That?

Symptoms:

- **Sad**
- **Tired**
- **Won't listen**
- **Isolating**
- **Difficulty Concentrating**



It Could Be...

Trauma

Depression

Hypothyroidism

Anxiety

Conflict at home



Chronic Fatigue

Anemia

Medication

Grief

Sleep Apnea

This or That?

Symptoms:

- **Aggressive**
- **Overly emotional**
- **Negative**
- **Easily annoyed**



It Could Be...

Depression

Headache

Thyroid Issues

Learning Disability

Sensory Processing Disorder

Executive Function Disorder



ODD

Anxiety

Abuse

Trauma

ADHD

Pain

This or That?



This or That?

Complete medical exam.

Medical history.

History of physical or emotional trauma.

Family history of physical and mental health.

Review of symptoms and concerns with parents.

Timeline of how the child has matured.

School history.

Talking with parents.

Talking with the child and watching the behavior.

Mental health tests and questionnaires for the child and parents.

This or That?

